
Beaches & Wine
Cape Town & Winelands



Beaches & Wine Cape Town, Winelands

Self Drive

6 nights /7 days



Day 1-4: Cape Town

Cape Town

Cape Town is one of the world's most beautiful cities and a top international destination. Large numbers of tourists flock to Cape Town to enjoy this unique city with its fascinating history, interesting culture, natural beauty, award winning wines and laidback lifestyle. Whether you are a serious tourist or just want to lie on the beach and enjoy life, Cape Town will satisfy your needs.

The city is famous for its harbour, for its natural setting in the Cape Floristic Region, as well as for such well-known landmarks as Table Mountain and Cape Point. As of 2014 it is the 10th most populous city in Africa and home to 64% of the Western Cape's population. It is one of the most multicultural cities in the world, reflecting its role as a major destination for immigrants and expatriates to South Africa. In 2014, Cape Town was named the best place in the world to visit by both The New York Times and The Telegraph.

Table Mountain, with its near vertical cliffs and flat-topped summit over 1,000 m (3,300 ft) high, and with Devil's Peak and Lion's Head on either side, together form a dramatic mountainous backdrop enclosing the central area of Cape Town, the so-called City Bowl. A thin strip of cloud, known colloquially as the "tablecloth", sometimes forms on top of the mountain. To the immediate south, the Cape Peninsula is a scenic mountainous spine jutting 40 kilometres (25 mi) southwards into the Atlantic Ocean and terminating at Cape Point. There are over 70 peaks above 300 m (980 ft) within Cape Town's official



city limits. The Cape Town region generally, with its Mediterranean climate, extensive coastline, rugged mountain ranges, coastal plains, inland valleys and semi-desert fringes, has much in common with Southern California.



Located in a CI Biodiversity hotspot as well as the unique Cape Floristic Region, the city of Cape Town has one of the highest levels of biodiversity of any equivalent area in the world. These protected areas are a World Heritage Site, and an estimated 2,200 species of plants are confined to Table Mountain – more than exist in the whole of the United Kingdom which has 1200 plant species and 67 endemic plant species. Many of these species, including a great many types of proteas, are endemic to the mountain and can be found nowhere else.

Cape Town is not only the most popular international tourist destination in South Africa, but Africa as a whole. This is due to its good climate, natural setting, and well-developed infrastructure. The city has several well-known natural features that attract tourists, most notably Table Mountain which forms a large part of the Table Mountain National Park and is the back end of the City Bowl. Reaching the top of the mountain can be achieved either by hiking up, or by taking the Table Mountain Cableway. Cape Point is recognised as the dramatic headland at the end of the Cape Peninsula.[60] Many tourists also drive along Chapman's Peak Drive, a narrow road that links Noordhoek with Hout Bay, for the views of the Atlantic Ocean and nearby mountains. It is possible to either drive or hike up Signal Hill for closer views of the City Bowl and Table Mountain.

Many tourists also visit Cape Town's beaches, which are popular with local residents. Due to the city's unique geography, it is possible to visit several different beaches in the same day, each with a different setting and atmosphere. Though the Cape's water ranges from cold to mild, the difference between the two sides of the city is dramatic. While the Atlantic Seaboard averages annual water temperatures barely above that of coastal California around 13 °C (55 °F), the False Bay coast is very much warmer, averaging between 16 and 17 °C (61 and 63 °F) annually. Both coasts are equally popular, although the beaches in affluent Clifton and elsewhere on the Atlantic Coast are better developed with restaurants and cafés, with a strip of restaurants and bars accessible to the beach at Camps Bay. Boulders Beach near Simon's Town is known for its colony of African penguins. Surfing is popular and the city hosts the Red Bull Big Wave Africa surfing competition every year.

The city has several notable cultural attractions. The Victoria & Alfred Waterfront, built on top of part of the docks of the Port of Cape Town, is the city's most visited tourist attraction. It is also one of the city's most popular shopping venues, with several hundred shops and the Two Oceans Aquarium. The V&A also hosts the Nelson Mandela Gateway, through which ferries depart for Robben Island. It is possible to take a ferry from the V&A to Hout Bay, Simon's Town and the Cape fur seal colonies on Seal and Duiker Islands. Several companies offer tours of the Cape Flats, a mostly Coloured township, and Khayelitsha, a mostly black township.

Cape Town is noted for its architectural heritage, with the highest density of Cape Dutch style buildings in the world. Cape Dutch style, which combines the architectural traditions of the Netherlands, Germany, France and Indonesia, is most visible in Constantia, the old government buildings in the Central Business District, and along Long Street.[68][69] The Artscape Theatre Centre is the main performing arts venue in Cape Town.

The city also encloses the 36 hectare Kirstenbosch National Botanical Garden that contains protected natural forest and fynbos along with a variety of animals and birds. There are over 7,000 species in cultivation at Kirstenbosch, including many



rare and threatened species of the Cape Floristic Region. In 2004 this Region, including Kirstenbosch, was declared a UNESCO World Heritage Site.

The most popular areas for visitors to stay include Camps Bay, Sea Point, the V&A Waterfront, the City Bowl, Hout Bay, Constantia, Rondebosch, Newlands, Somerset West, Hermanus and Stellenbosch, as well.

In November 2013, Cape Town was voted the best global city in The Daily Telegraph's annual Travel Awards.



Suggested Activities:

Robben Island Tour
Kirstenbosch Garden
Boulders Beach Penguin Tour
Cape Town Museum and Planetarium
Fishing Trips & Beaches
Green Market Square and Long Street Shopping/ V & A Waterfront
Cape Point Nature Reserve
ArtsCape Theatre Productions
Table Mountain Trip



Included

Bed & Breakfast



Day 4-6: Cape Winelands



With its magnificent natural beauty, its rich cultural heritage and its world-renowned wines - the Winelands Region in the Western Cape is synonymous with all the best that the Cape has to offer. A 45-minute drive from Cape Town take you to the Winelands where splendid mountains form a dramatic backdrop to lush vineyards and gabled Cape Dutch homesteads steeped in history.

Experience the hospitality and beauty, visit some of the many wine farms, or stroll down a beautifully restored street in one of the historical town centres and visit the museums and monuments that pay homage to our proud history. The excellent wines produced in this area are world-renowned. Join the winemaker on a tour of his cellar where the harvest is lovingly transformed into every wine lover's delight.

The Cape Winelands region is the source of many legendary Cape wines, the produce of row upon row of grapevines, many of which were first planted hundreds of years ago. Its classic Cape-Dutch homesteads, mountainous surrounds, grand heritage and sumptuous restaurants have earned the Cape Winelands the right to call itself South Africa's culinary capital.

Wine estates worth paying a visit to include Haute Cabriere, Neethlingshof, Delheim, Spier, Saxenburg, Welmoed and Delaire, to name just a few.



Franschhoek's excellent restaurants are renowned at home and abroad. Add stunning mountains, galleries and antique stores to paint a picture of the hospitality that characterises this small town.

With its historical charm, culture, architectural heritage, wine and one of the largest solid rocks in the world, Paarl Mountain, Paarl is bursting with breathtaking scenery and offers the fitter tourist a choice of cycling and nature trails.

Wellington is famous for its dried fruit, wine estates, olive tasting and leather factories. Don't miss out on a scenic drive up Bain's Kloof Pass.

Robertson – the "Garden Town of the Boland" – is the largest wine-producing area under irrigation in South Africa. Robertson is famed for its superior wines and some of the country's top racehorse studs have been raised and trained here.

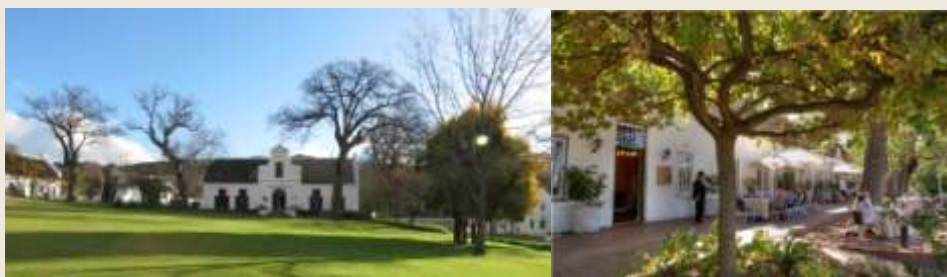


Apart from a wide choice of wine estate cellars lined with top-class wines, visitors will discover a variety of locally produced cheeses, olives, export-quality fruit and organic produce to sample and buy. The sheer beauty of the Winelands not only lures photographers and artists to capture its magnificence, it regularly plays host to weddings, conferences and special occasions.

The more active tourist has not been forgotten either. World-class golf courses and numerous cycling, walking and hiking routes abound.

Stellenbosch

A blend of historical architecture, student life, epicurean delights and oak-lined avenues, Stellenbosch is a picturesque university town surrounded by mountains and vineyards. A walking tour of the town centre allows visitors to take in its beautifully preserved Cape Dutch and Victorian architecture, as well as the many enticing art galleries, craft shops, clothing boutiques and gift stores, while foodies may prefer indulging in mouth-watering cuisine and fine wines at one of the chic restaurants or buzzing bistros. Stellenbosch is also the ideal base from which to explore the renowned local wine route, boasting a high proportion of the country's leading wine estates.



The second oldest town in South Africa has fondly been called 'Eikestad' or city of oaks and its streets are lined with some of the most beautiful surviving examples of Cape Dutch, Georgian and Victorian architecture in the Cape. Dorp Street is a national monument and taking the time to walk around this cosy old part of Stellenbosch, with its secluded lanes, water furrows, cosmopolitan restaurants and coffee bistros, with superb views of mountain, vineyards and orchards, is an idyllic morning venture.

The name 'Stellenbosch' is almost synonymous with the wine industry. Not only does it have the oldest wine route in the country, and arguably the most famous, but the town has one of the most modern experimental wineries in the world, and the only viticultural and oenological department in the country at its university.

South Africa's oldest music school, the famous Stellenbosch Conservatoire, has its home in this important cultural centre, and there is a collection of galleries and museums housing national and international art collections worth viewing.





Included

Bed & Breakfast

Day 13: Departure

After a last breakfast in the tranquillity of the Winelands, you head towards Cape Town International Airport, and head towards home, with the sand of the Cape beaches still clinging to your feet and the lingering taste of the marvellous Cape wine.

